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Recommended Reading - Using Theater Arts for Education

Puppetry :

Creative Puppetry in the Classroom, Mary Freericks and Joyce Segal. New Plays Books, 1979.

The Complete Book Of Puppets & Puppeteering, Robert Ten Eyck Hanford. Sterling Publishing Company, 1981.

The Muppets Make Puppets!, Cheryl Henson and the Muppet Workshop. Workman Publishing, 1994.

Storytelling :

Storytelling: A Guide for Teachers, Catharine Farrell. Scholastic Professional, 1993.

Tales As Tools: The Power of Story in the Classroom, Forwarded by Sheila Dailey. National Storytelling Association, 1994.

Theater Arts :

Anna Banana: 101 Jump-Rope Rhymes, J. Cole. Beech Tree Books, 1989.

Games for Actors and Non-Actors, Augusto Boal. Routledge, 1992.

Garbaga Pizza, Patchwork Quilts, and Math Magic, S. Ohanian. W.H. Freeman, 1992.

Improvisation for the Theatre, Viola Spolin. Northwestern University Press, 1983.

Improvisational Theatre for the Classroom, Robert Alexander. Living Stage (202)234-5782

Renaissance in the Classroom: Arts Integration and Meaningful Learning, Gail Burnaford, Arnold Aprill, Cynthia Weiss (Eds). Lawrence Erlbaum Associates, 2001.

Street Rhymes Around the World, J. Yolen (Ed). Wordsong Press, 1992.

Theatre for Community Conflict & Dialogue: The Hope is Vital Training Manual, Michael Rohd. Heinemann, 1998.

Theatre Games, Clive Barker. Methuen, 1988.

Theater Games For Rehearsal: A Director's Handbook, Viola Spolin. Northwestern University Press, 1985.

Theatre Games for the Classroom, Viola Spolin. Northwestern University Press, 1986.

The Languages of Learning: How children talk, write, dance, draw, and sing their understanding of the world, K. Gallas. Teachers College Press, 1994.

The New Games Book, Andrew Fluegelman (Ed). Doubleday/Dolphin, 1976.

Icebreakers :

Energizers & Icebreakers, Elizabeth Fosten - Harrison.
Game A - Day Book, Gyles Brandreth.
Games for Rains, Planes & Trains, Gyles Brandreth.
More Energizers & Icebreakers, Elizabeth Fosten - Harrison.
The Encyclopedia of Icebreakers, Sue Forbess - Greene.
Quick Silver, Karl Rohnke & Steve Butler.
Warm Ups & Wind Downs, Hazouri and McLaughlin.

Recommended Resources for Nutrition, Physical Activity, Body Image and Self-Esteem for Working with Adolescents.

Multi-Disciplinary Activities :

CANFit Recipes for Success: Nutrition and Physical Activity Programs for Youth. A new guide for people in community agencies who want to help youth eat smart and keep active! CANFit Program, 2140 Shattuck Ave. Suite 610, Berkeley, CA 94704. 510-644-1533

The Girls' Guide to Life: How to Take Charge of the Issues That Affect You, Catherine Dee. Little, Brown and Company, 1997.

This Is Your Life!: Hands-On Health! The Activity Guidebook for Working with Teens, Barbara Storper M.S., R.D. and Foodplay Productions, 2001.

The Seven Habits of Highly Effective Teens, Sean Covey. Fireside Books, Simon & Schuster, 1998.

Body Image Resources :

Afraid to Eat: Children and Teens in Weight Crises, Francis M. Berg. Healthy Weight Publishing Network, 1997.

Hunger Pains: The Modern Woman's Tragic Quest for Thinness, Mary Pipher. Ballantine Books, 1997.

Reviving Ophelia: Saving the Selves of Adolescent Girls, Mary Pipher. Putnam, 1994.

The Gurze Eating Disorders Bookshelf Catalog, (contains a great listing of books on these subjects) 1-800-756-7533 www.gurze.com .