



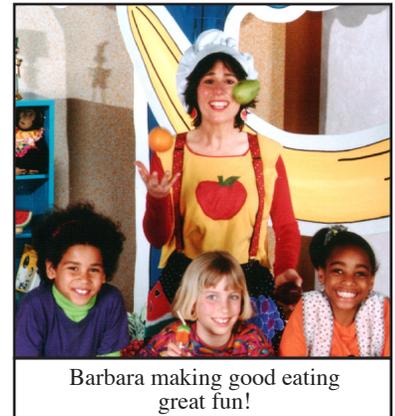
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For Immediate Release

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Questions Barbara Storper, MS, RD is Frequently Asked:

1. Can you really juggle and eat an apple at the same time?
2. How do you think your new book, **Janey Junkfood's Fresh Adventure!**, will help kids get off the junk food track?
3. What do you think has caused our nation's childhood obesity epidemic?
4. So, how do you make good eating great fun for kids?
5. Why work with kids, isn't it the parents who control what children eat?
6. What's the usual reaction kids have to your FOODPLAY shows?
7. What are some super snacks kids can make themselves?
8. Is there a good "diet" that children should go on to lose weight?
9. How can parents help promote positive body image and prevent eating disorders?
10. What are the biggest food and nutrition issues affecting kids today?
11. What are the best ways parents can help raise healthy eaters?
12. What are the ways parents unknowingly raise unhealthy eaters?
13. How can you help kids navigate today's confusing food marketplace?
14. How can parents help their children maintain a healthy weight?
15. How can kids help their parents maintain a healthy weight?
16. How do you get kids to eat (and love) their veggies?
17. What are the top ten worst foods for kids? What are the top ten best foods for kids?
18. What is better — organic, local, conventional, or it doesn't matter?.
19. What are some quick and easy breakfasts, snacks, and lunches to fuel active kids?
20. How can schools promote healthier eating and exercise habits to their students?
21. Should there be laws against selling junk food in school and marketing junk food to children?
22. Doesn't healthy eating cost too much money for a lot of families?
23. How can you get children to try new foods?
24. How do you promote the idea that everyone doesn't have to be skinny like the models on TV to be attractive or to be healthy?
25. Where can someone see your FOODPLAY show?



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For more information about Barbara Storper, FoodPlay Productions, and her new children's book, **Janey Junkfood's Fresh Adventure!**, visit www.foodplay.com.

To request a review copy of **Janey Junkfood's Fresh Adventure!**, to arrange an interview with Barbara Storper, MS, RD, to receive art electronically, or for any additional information, please contact Jenn Evans at FoodPlay Productions:
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