



To: Staff
From: _____

For Staff

School Special

Re: Get Ready for FOODPLAY

We are pleased to announce that our school will be seeing FOODPLAY
on (date)_____ at (time)_____

FOODPLAY is a national award-winning theater show that uses the power of live theater to turn kids on to healthy eating and active lifestyles.

Keep the messages alive all year long with FOODPLAY's fun follow-up materials:

Available for download at:

www.foodplay.com/resourcekit

Click: FOODPLAY School Assembly Special
Password: SchoolSpecial

- **FOODPLAY Snack Cards** (*will be brought on day of show*)
Distribute snack cards, review healthy snacks and tips from "Take the FOODPLAY 5 Challenge!" and encourage students to bring cards home, share with their families, and post on their fridge.
- **Take the FOODPLAY Challenge! Coloring Sheet**
Review tips with your class, have kids color in their sheets and post in your classroom. See if you can challenge your students to try to improve their eating and physical activity habits, pick one habit a week!
- **Top 15 Quick and Easy Follow-Up Activities**
After the show, pick one or do them all – great for a rainy day!
- **MyPlate Activity Kit**
Eight Fun Lesson Plans and Reproducible Activity Sheets to integrate nutrition into core subject areas throughout the year.

For more free materials: www.foodplay.com/free-materials
For fun videos, tools, and resources: www.foodplay.com/shop

To assist you in lesson planning, FOODPLAY addresses the following topics:

- How to Treat Your Body Right to Last a Healthy Lifetime
- The Difference between an Apple and a Fast Food Apple Pie
- Sugar Energy Doesn't Last
- Start Your Day with Breakfast
- Every Body Is Different and Different Is a Great Thing
- Balance Your Diet with My Plate
- How to Choose a Healthy Snack
- How to Eat More Fruit & Veggies
- Have Fun Being Active
- The Scoop on Soda
- How To Read Labels - Read It Before You Eat It!
- Make Choices that are Good for Your Health and the Health of the Planet
- Take The FoodPlay Challenge!