

FoodPlay Productions Presents:

Good for Me, Good for Us, Good for the Planet!

- with -

ToBe Fit – The Juggling Nutrition Magician Show

Let ToBe Fit WOW the kids and families in your community!

A rollicking show that helps kids discover how to make choices that are good for their health and good for the health of the planet!

Featuring the fun-filled power of live theater, fantastic feats of juggling, circus arts, music, magic, and audience participation, kids learn how to take charge of growing up healthy, happy, active, and fit!



"A family that eats together, reads together, and plays together...stays together!" —ToBe Fit

Ideal for libraries, schools, childcare, community events, camps, fairs + festivals!

Special for Summer Reading Programs: "Build a Better World!"

Audience: Pre-K to 3rd Grade (and families)

Running time: 30 - 45 minutes plus 15 minute juggling lesson

Includes everything you need for a successful program:

- Invitational Flyer – to publicize event to your community
- Press Packet – attract media coverage for your program
- Snack Cards + Health Tips – children take home to post on fridge
- Fun Activity Sheets – hands-on learning in the library and at home!
- Web Activities – keep healthy messages alive all year long!

Don't miss out – contact us today:

Call: 413-247-5400

Email: info@foodplay.com

Learn more at: www.foodplay.com/tobefit



*"Thanks for the wonderful show! Now I started eating better and healthier foods. P.S. My mother says thank you too!"
—Sasha, 3rd grader*

*"What a wonderful show to see at our library! I want to tell everyone I know about bringing you – you were FANTASTIC!"
—Anita Garnett, Parent, Beardsley & Memorial Library, Winsted, CT*

*"A fantastic, fun-filled program! Our kids and parents LOVED ToBe Fit, and they even said they were going to eat healthy after seeing it! I recommend this show to everyone!"
—Elizabeth MacGregor, Program Director, Flint Public Library, Middleton, MA*

FoodPlay Productions has reached over 5,000,000 kids across the country bringing the power of live theater to turn kids on to healthy eating and active living! Evidence-based with proven results, our programs have been shown to dramatically improve children's nutrition and physical activity habits. Created by Barbara Storper, MS, RD, a national leader in the field of children's nutrition, FOODPLAY programs have received more than 10 national nutrition and media awards plus an EMMY!

Contact us today to make reading, healthy eating, and active living – GREAT FUN!

1.800.FOODPLAY (1.800.366.3752) • info@foodplay.com • www.foodplay.com